**Course Title:** Relationship, Responsibility, and Regulation Book Stu y - Independent Study

Option

**Department and Course Code:** Continuing EDUC 2000 - 1 credit

*Registration link* - [www.vcsu.edu/extend](http://www.vcsu.edu/extend)

**Instructor of Record:** Lyndsi Engstrom

Program Director

Central Region Education Association lyndsi.engstrom@k12.nd.us

Office: 701.838.3025

**Required Resource:**

Souers, Kristin Van Marter with Hall, Pete. (2019). Relationship, Responsibility, and Regulation: Trauma-Invested Practices for Fostering Resilient Learners. Alexandria, VA: ASCD.

**Additional Course Materials:**

* Journal, if recording reflection questions by hand
	+ Journals are not submitted to course instructors for review or grading
	+ A single subject spiral-bound notebook is sufficient
* Laptop, if typing reflection questions
* Reliable internet connection, to access Moodle for reflection questions and to submit

assignments