**Course Title:** Fostering Resilient Learners Book Study - Independent Study Option

**Department and Course Code:** Continuing EDUC 2000 - 1 credit

*Registration link* - [www.vcsu.edu/extend](http://www.vcsu.edu/extend)

**Instructor of Record:** Lyndsi Engstrom

Program Director

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Office: 701.838.3025

**Required Resource:**

Souers, Kristin with Hall, Pete. (2016). Fostering Resilient Learners: Strategies for Creating a Trauma-Sensitive Classroom. Alexandria, VA: ASCD.

**Additional Course Materials:**

* Study guide (found on page 3 of Fostering Resilient Learners; download and print)
* Journal, if recording reflection questions by hand
  + Journals are not submitted to course instructor(s) for review or grading
  + A single subject spiral-bound notebook is sufficient
* Art materials (i.e. crayons, colored pencils, pastels, paint, drawing paper, etc.)
  + Note: the supplies you’ll need are contingent on your selection from the

meaningful visual menu